



# The 2019 NW Arkansas Natural Championships

**BODYBUILDING • FIGURE • BIKINI • PHYSIQUE**  
**\*PRO QUALIFIER\***



NANBF.ORG

**DATE:** June 15<sup>th</sup>, 2019

**LOCATION:** Bentonville High School, 1901 SE J St, AR, 72712

**SANCTIONING:** The North American Natural Bodybuilding Federation (NANBF, www.nanbf.org)

**PROMOTORS:** Joe Wilson; 479-530-6268; [bigjoewilson123@yahoo.com](mailto:bigjoewilson123@yahoo.com)

**CONTEST TIMES:** *Running format* – Figure & Female/Male Physique, Classic Phys., Bikini & Bodybuilding all starting @ 10:00, Finals immediately after

**TICKET PRICES:** \$25 if purchased prior to or on day of 6/13/2019. \$30 after 6/13/2018 Back stage trainer pass \$10 (one per competitor). For Advanced Ticket Purchase details, contact promoter or go to site.

**AWARDS:** Sculptured one-of-a-kind awards, plaques, or swords will be given to the TOP 5 in all divisions, plus overalls and best poser. Embroidered Mr. and Ms. Natural Arkansas jackets given to bb, figure, physique, and bikini classes.

**HEIGHT CLASSES:** Height will apply in novice and open categories. Promoter reserves the right to adjust classes.

**HOTEL:** Comfort Suites Bentonville 2011 Southeast Walton Blvd Bentonville, AR 72712; (479) 254-9099 \$89 per night. Please mention NWA Natural Championships before 6/2/2018 for discounted rate.

**SPRAY TANNING:** Performed by Dark Like Me formerly BodyWorks Mobile – Jennifer Wolfe 512-940-7919

[jennifer.wolfe@clubmarketing.com](mailto:jennifer.wolfe@clubmarketing.com)

**MAKE-UP/HAIR:** Stacy Roane 479-799-8284 [stacy.roane@yahoo.com](mailto:stacy.roane@yahoo.com)

**MEN'S BB/WOMEN'S BB/CLASSIC PHYSIQUE**

**POSING ATTIRE:** Posing suits must be worn and be of solid color, opaque, devoid of embroidery, stripes or other embellishments. Accessories are not permitted including jewelry (excluding wedding bands). At finals, accessories & props attached to body may be used. Only women's bodybuilding suits may have sequins or special designs – as in a women's physique division.

**MALE PHYSIQUE POSING ATTIRE:** Physique competitors need to wear board shorts, (shorts must be just above the knee in length and can be one inch below the belly button, no spandex and no logos are permitted on the board shorts (however a manufacturer's logo such as Nike symbol or Billabongs are acceptable.)

No shirt, foot wear, or body accessories for pre-judging. No Crossover to Bodybuilding. At finals, accessories & props attached to body may be used.

**FEMALE PHYSIQUE POSING ATTIRE:** Thong suits are not permitted. Suits can include designs, patterns and/or adornments. Jewelry is permitted. Shoes are not worn. 60 sec music selections should not contain profane or offensive material. Crossovers between Women's Physique and Women's Bodybuilding will be permitted. Crossovers between Women's Physique and Figure or Bikini are not permitted. Visit [nanbf.org](http://nanbf.org) for judging criteria, poses, individual routine for the Women's Physique division.

**BIKINI POSING ATTIRE:** Two piece swimsuits and heels are to be worn in both rounds. No thongs may be worn in either round. Suit must cover 1/2 of both cheeks. *Visit [nanbf.org](http://nanbf.org) for acceptable suits.* No Crossover to Figure. Ages 18+

**FIGURE POSING ATTIRE:** Two piece figure suits and heels. No thongs may be worn in either round. Embroidery or embellishments are allowed on suits. No Crossover to Bikini.

**POSING MUSIC:** Competitors will pose to music of their choice at final show. If you are entered in more than one class, you will pose only once. Music will be limited to 60 seconds. Bodybuilders will pose to routine at night only. Music must be cued to start and recording must be of good quality. CD's only. Two copies must be provided. Figure, physique, and bikini music will be provided.

**ENTRY:** The entry fee is \$75 for the initial division of competition and \$60 for each additional division. Entries must be received no later than June 2<sup>nd</sup>, or a late entry penalty of \$35 will be applied. **Absolutely no entries accepted after June 9<sup>th</sup>, 2019.** (You will receive additional information by email after we receive your entry.) Please make money order or certified check payable to: Joe Wilson Productions, PO Box 1331, Bentonville, AR, 72712

**ELIGIBILITY:** The competition is open to all physique athletes who have not at any time during the 84 months prior to the day preceding this event, engaged in the personal use of anabolic steroids, other growth enhancing drugs, or Rx diuretics used to prepare for this competition or OTC diuretics used seven days prior to event. Refer to the banned substance list at [NANBF.org](http://NANBF.org) or contact promoter for any questions.

**TESTING & CHECK-IN:** Every competitor is polygraphed set by appointment with promoter. First come, first serve. Fee to polygrapher is \$45 CASH. Good for NANBF shows within a 45 day period. Promoters have the right to test and retest prior to or after the show. NANBF membership required. BE PREPARED TO POLYGRAPH UP TO 7 DAYS PRIOR TO THE CONTEST. NO EXCEPTIONS. All contestants must present NANBF card at check-in. NANBF Cards are \$75. These are to be purchased online (Additional information about drug testing will be mailed to you after we receive your entry.)

**WEBSITES:**

[WWW.NWARKANSASNATURAL.COM](http://WWW.NWARKANSASNATURAL.COM)  
[WWW.NANBF.ORG](http://WWW.NANBF.ORG)

**NO PERSONAL CHECKS. PLEASE MAKE MAIL MONEY ORDER OR CERTIFIED CHECK PAYABLE TO: Joe Wilson Productions, PO Box 1331, Bentonville, AR, 72712. You will receive additional information after we receive your entry.**

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_ Sex \_\_\_ Exact Height \_\_\_ft \_\_\_in (No Shoes)  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone: Day (\_\_\_\_) \_\_\_\_\_ Eve(\_\_\_\_) \_\_\_\_\_ Email Address \_\_\_\_\_  
 Occupation \_\_\_\_\_ Current NANBF Card EXP. Date \_\_\_/\_\_\_/\_\_\_  
 Free Competitor Shirt (Circle One) T-shirt. Size: S M L XL 2XL Referred by \_\_\_\_\_  
 (You will be required to sign a release as a standard procedure, at check in. If you are under 18, signature of a parent or legal guardian is required)

Divisions with \* must have 5 or more competitors to be a pro qualifier category, \*\* must have 3 or more.

**Classes available:**

FIGURE:	Collegiate	Novice	Open	Masters 40+	Ms. Arkansas	Mixed Pairs (no bikini or men's physique)
CLASSIC PHYSIQUE:	Teen	Novice	Collegiate	Open	Masters 40+	Masters 50+ Mr. Arkansas
BIKINI:	Novice	Collegiate	Open	Masters 40+	Ms. Arkansas	
MEN'S PHYSIQUE:	Teen	Collegiate	Novice	Open	Masters 40+	Masters 50+ Mr. Arkansas
WOMEN'S PHYSIQUE:	Open	Masters 40+	Ms. Arkansas	WOMEN'S BB:	Open	Masters 40+ Ms. Arkansas
MENS' BODYBUILDING:	Teen	Novice	Collegiate	Open	Masters 40+	Masters 50+ Masters 60+ Mr. Arkansas

**PLEASE  
CIRCLE  
THE DIVISIONS  
YOU ARE  
ENTERING**

